

			1st Runner		2nd Runner		3rd Runner		4th Runner		3 lap total	4 lap total		
1	1	Shettleston Harriers A	Brian McGarrity	00:25:18	Shettleston Harriers A	Andrew Little	00:26:38	Shettleston Harriers A	Tawakle Menginreb	00:23:21	Shettleston Harriers A	Clement Elliot		
2	2	Edinburgh University H&H A	Ben Stevenson	00:26:01	Edinburgh University H&H A	Ewan Davidson	00:26:19	Edinburgh University H&H A	Scott Stirling	00:26:11	Edinburgh University H&H A	Andrew Lawler	00:27:06	102.23
3	3	St Andrews University A	Robert Leach	00:25:16	St Andrews University A	Cameron Milne	00:24:10	St Andrews University A	Matthew O'Conner	00:26:42	St Andrews University A	Christopher Russell	00:24:32	103.03
4		Glasgow Caledonian University	James Bowness	00:25:08	Glasgow Caledonian University	Grant Muir	00:25:04	Glasgow Caledonian University	Greg Williams	00:26:57	Glasgow Caledonian University	Michael Houston	00:27:00	103.07
5		Corstorphine AAC A	Howell Gaske	00:24:44	Corstorphine AAC A	Tom Ferrington	00:27:42	Corstorphine AAC A	Ali Brockie	00:27:18	Corstorphine AAC A	Bryan Clark	00:26:45	103.54
6		Shettleston Harriers B	Craig Thomson	00:25:50	Shettleston Harriers B	Mike Deason	00:25:49	Shettleston Harriers B	Marc McColl	00:27:44	Shettleston Harriers B	Kieran Docherty	00:26:05	105.49
7		Glasgow University H&H A	Grant Boyne	00:26:15	Glasgow University H&H A	Mark Sutherland	00:28:31	Glasgow University H&H A	Tom Callan	00:28:24	Glasgow University H&H A	Alastair Thurlbeck	00:37:43	107.06
8		Bellahouston Harriers A	Stuart MacDougal	00:27:24	Bellahouston Harriers A	Jack Arnold	00:26:46	Bellahouston Harriers A	Dave Reynolds	00:28:49	Bellahouston Harriers A	Paul Lawson	00:29:04	112.03
9		St Andrews University B	Phillip Wright	00:27:59	St Andrews University B	Andrew Mitchell	00:28:30	St Andrews University B	Sean McLaughlin	00:28:05	St Andrews University B	Daniel Lynch	00:29:19	114.08
10		Heriot-Watt University	Ross White	00:30:14	Heriot-Watt University	James McLay	00:25:32	Heriot-Watt University	Will Rigg	00:29:51	Heriot-Watt University	Keith Dunlop	00:29:32	115.09
11	1 Vet	Shettleston Harriers D (V)	Denis Williams	00:28:51	Shettleston Harriers D (V)	John Oates	00:29:33	Shettleston Harriers D (V)	Billy Coyle	00:28:07	Shettleston Harriers D (V)	Walter Henderson	00:29:11	115.42
12		Giffnock North AAC	Neal Gibson	00:30:16	Giffnock North AAC	Luke Chamberlain	00:28:54	Giffnock North AAC	Ted Gourley	00:28:48	Giffnock North AAC	Chris Greenhaugh	00:28:10	116.08
13		Edinburgh University H&H B	James Thomas	00:27:34	Edinburgh University H&H B	Caleb Hia	00:28:15	Edinburgh University H&H B	Alex Lutchford	00:29:07	Edinburgh University H&H B	Jack Luscombe	00:31:48	116.44
14		Calderglen Harriers B (V)	Alan Derrick	00:28:57	Calderglen Harriers B (V)	Eddie Reid	00:31:44	Calderglen Harriers B (V)	Jim Holmes	00:32:37	Calderglen Harriers B (V)	David Herbertson	00:32:45	126.03
15		Bellahouston Harriers B	Frank Gilroy	00:29:14	Bellahouston Harriers B	Darren McQuade	00:29:37	Bellahouston Harriers B	Donald Kennedy	00:31:34	Bellahouston Harriers B	Andy Cockrains	00:35:41	126.06
16		Glasgow University H&H B	Sean Robinson	00:31:59	Glasgow University H&H B	Ross Martin	00:34:59	Glasgow University H&H B	Rory McMillan	00:28:51	Glasgow University H&H B	Simon Gardner	00:30:51	126.40
17		Garscube Harriers A	Jim McAneny	00:32:01	Garscube Harriers A	Alistair Guthbertson	00:31:53	Garscube Harriers A	John Bell	00:28:16	Garscube Harriers A	Darren McGowan	00:34:35	126.45
18		Strathclyde University Harriers	Bobby Bristow	00:25:25	Strathclyde University Harriers	Cormac Murray	00:41:39	Strathclyde University Harriers	David Seaman	00:31:33	Strathclyde University Harriers	Michael Carroll	00:29:07	127.44
19		Shettleston Harriers C (V)	Bill Winning	00:30:58	Shettleston Harriers C (V)	David Murphy	00:31:46	Shettleston Harriers C (V)	Brian Scally	00:30:33	Shettleston Harriers C (V)	Colin Ross	00:36:52	130.09
20		Bellahouston Harriers C	Robert Carson	00:36:34	Bellahouston Harriers C	Iain Burko	00:37:06	Bellahouston Harriers C	Dougie McGregor	00:42:03	Bellahouston Harriers C	John Softley	00:41:48	157.31
		Calderglen Harriers A	Andy Buchanan	00:27:15	Calderglen Harriers A	Martin Howell	00:31:41	Calderglen Harriers A	Colin Banks	00:37:48				
		Garscube Harriers B	Rob McLennan	00:28:15	Garscube Harriers B	John McLaughlin	00:31:48	Garscube Harriers B	Kieran McLaughlin	00:34:24				
		Ronhill Cambuslang	Stephen Wylie	00:26:02	Ronhill Cambuslang	Sean Butler	00:27:04							
		Calderglen Harriers C	Russell Couper	00:45:06										
1	1	Edinburgh University H&H A (F)	Sarah Douglas	00:29:30	Edinburgh University H&H A (F)	Maddy Austin	00:28:54	Edinburgh University H&H A (F)	Georgia Tindley	00:29:47				
2		Mixed Bag (F)	Megan Crawford	00:28:01	Mixed Bag (F)	Anne Sillars	00:36:15	Mixed Bag (F)	Shona McIntosh	00:28:11			88.11	
3	2	St Andrews University A (F)	Angela Richardson	00:30:22	St Andrews University A (F)	Molly Pace	00:33:23	St Andrews University A (F)	Abigail Bender	00:30:26			92.27	
4	3	Bellahouston Harriers A (FV)	Jennifer Clark	00:32:14	Bellahouston Harriers A (FV)	Erica Christie	00:33:56	Bellahouston Harriers A (FV)	Caroline Cochran	00:34:46			94.11	
5		Glasgow University H&H A (F)	Maini Gilmour	00:34:38	Glasgow University H&H A (F)	Alice Everett	00:34:30	Glasgow University H&H A (F)	Lisa Christy	00:32:53			100.56	
6		St Andrews University B (F)	Kate Taylor	00:37:06	St Andrews University B (F)	Maggie Sadler	00:36:22	St Andrews University B (F)	Kimberley Timmins	00:36:39			102.01	
		Bellahouston Harriers B (FV)	Katy Smith	00:36:38	Bellahouston Harriers B (FV)	Anji Carson	00:38:04						110.07	
		Shettleston Harriers A (F)	Carole Setchell	00:28:45										
		Edinburgh University H&H B (F)	Annie Carroll	00:30:24										
		St Andrews University C (F)	Madeline Hanson	00:38:39										